



Issue No: 37 Monday, 6 November 2023

Term 4 (10 October – 13 December)

NEWSLETTER

Dear Parents, Learners and Friends

Hearty congratulations to both our A and B swimming Teams on winning the Inter-Primary Relay Galas. It was wonderful to see the spirit and determination which our swimmers displayed. We are enormously proud of them. Special thanks to Mrs Gosling, Mrs Coulter and their respective coaches as well as



Donny and Lynne Semple for their support and guidance. Last but not least, the TEAM behind the TEAM - our parents. A huge bouquet of thanks for all the hours you spend taking your children to coaching and club events - we certainly benefit from your support.

<u>ANNUAL GENERAL MEETING (AGM)</u>



A reminder that our AGM takes place on Wednesday, 8 November at 19:00 in the School hall. Parents, please make every effort to attend as the 2024 budget will be tabled at this meeting.

BEST OF EKURHULENI (BOE)

Rynfield Primary is the proud holder of the title, 'Best Public Primary School in Ekurhuleni'. Our heartfelt thanks to all the parents and friends of RPS who so kindly voted for us. We are delighted to be the recipients of the award and will continue to strive to be the very best that we can be.



<u>ATHLETICS</u> TUESDAY, 7 NOVEMBER

GOOD LUCK!

Good luck to all our athletes for the friendly meeting on Tuesday, 7 November at RPS. We are competing against Laerskool Concordia. Go out and do your best and enjoy yourselves. It is the last meeting for 2023.

EXAMS - GRADES 4 - 7

Exams for Grade 7 start on Tuesday, 14 November and on Friday, 17 November for Grades 4-6. Our learners should all be well into their study programme. Parents, please note that from Tuesday, 14 November until Tuesday, 28 November, School will close at 12:00 each day. Children who are not collected by 12:15 will go to waiting class. Grades 1 - 3 children in waiting class can only be collected at 13:20 and Grades 4 - 7 children in waiting class at 13:45.

<u>DATE</u>	<u>GRADES 4 - 6</u>	GRADE 7	
Tuesday, 14 November		Mathematics Paper 1	
Wednesday, 15 November		Life Orientation	
Thursday, 16 November		English	
Friday, 17 November	History	EMS	
Monday, 20 November	English	Geography	
Tuesday, 21 November	Mathematics	Natural Sciences	
Wednesday, 22 November	Afrikaans	History	
Thursday, 23 November	Life Skills	Afrikaans	
Friday, 24 November	Geography	Creative Arts	
Monday, 27 November	NS & Technology	Technology	
Tuesday, 28 November		Mathematics Paper 2	

GRADE R & I ORIENTATION DAY FOR 2024

Well done to Mrs Ströh, Mrs Hobbs and their Foundation Phase team for two superb events last Saturday morning. It is always a special moment when we see our future Grade R's and Grade 1's arrive for their Orientations. Some arrive brighteyed and bushy tailed ready to conquer the world, others a little tearful - but they all come with their hopes and dreams and we are privileged to be part of that journey.



GRADES 4 - 6 MERITORIOUS ASSEMBLIES

Good luck to Mr Minnaar and Mrs Robb for their respective Meritorious Assemblies this week. These Assemblies are in recognition of Academic excellence and are by invitation only.

"Although no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending."

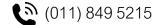
Have a wonderful week, methinks summer is back again!



The School with Heart W > W-

An I.T enabled School striving towards excellence

Malherbe Street, Rynfield, Benoni















RPS SPORTS SCHEDULE

6 - 9 November 2023

Date	Event	Details	Venue
	Senior Choir	Grade 4-7 learners who would like to	
	07:15-07:45	try out for the senior choir	Music Room
	Middle Distance Training		RPS School
	06:45-07:30	U'7-U'12 Middle Distance Athletes	Field
	Jnr Sprints	U'6-U'8 Sprinters	RPS School
	<u>13:30-14:15</u>	o o o o oprimers	Field
	Snr Sprints + Hurdles	U'9-U'12 Sprinters + Hurdlers	RPS School
	14:00-14:45		Field
Mon 6 Nov	Shot Put	U'9-U'13 Shot Putters	RPS School
	14:00-14:45	LVO LV12 Long lumpors	Field
	Field Events	U'9-U'12 Long Jumpers U'9-U'12 High Jumpers	RPS School
	14:45-15:30	U'11 + U'12 Discus + Javelin Athletes	Field
	Grade 1 + 2 T-Ball	All Grade 1 and 2 learners who	RPS School
	13:30-14:30	would like to participate in T-Ball	Field
	Marimba Academy		
	14:00-15:15	Marimba Academy learners	Music Room
	Junior Choir	Grade 1-3 learners who would like to	
	07:15-07:45	try out for the junior choir	Music Room
	Friendly Athletics Meeting	U'7-U12 Selected Athletes vs L/S	RPS School
	<u>14:00 – 17:30</u>	Concordia	Field
Tues 7 Nov	Grade 1 + 2 T-Ball fixtures	Grade 1 vs Summerfields (Field 8)	Benoni
Tues / Nov	14:00-15:00	Grade 2 vs Curro Serengeti (Field 19)	Northerns
	Grade 2 + 3 Art	Grade 2's + 3	Mrs Peens'
	13:30-14:30		Classroom
	Grade 3 T-ball Training	All Grade 3 learners who would like	RPS School
	<u>13:45-14:45</u>	to participate in T-Ball	Field
	Senior Choir	Grade 4-7 learners who would like to	
	07:15-07:45	try out for the senior choir	Music Room
	Grade 1 + 2 T-Ball	All Grade 1 and 2 learners who	RPS School
	13:30-14:30	would like to participate in T-Ball	Field
Wed 8 Nov	Grade 3 T-Ball	All Grade 3 learners who would like	RPS School
	13:45-14:45	to participate in T-Ball	Field
	Marimba Class	All learners who want to do learn to	Marris Dansus
	14:00-14:30	play marimba	Music Room
	Junior Choir	Grade 1-3 learners who would like to	Music Room
Thurs 9 Nov	07:15-07:45	try out for the junior choir	
Thurs 9 Nov	07:15-07:45 Grade 3 T-Ball Fixture	try out for the junior choir Grade 3 vs Summerfields (Field 10)	Benoni
Thurs 9 Nov	07:15-07:45		
	07:15-07:45 Grade 3 T-Ball Fixture		Benoni
Thurs 9 Nov Fri 10 Nov	07:15-07:45 Grade 3 T-Ball Fixture		Benoni
	07:15-07:45 Grade 3 T-Ball Fixture		Benoni



RPS NOTICES



PLEASE VOTE

Please *like* the RPS mural on the

Green Projects

Facebook page for RPS to win the competition.



https://www.facebook.com/cleanprojectsbenoni

The School with Heart-W-C-W-



RPS CLASSIFIED ADS









RPS CLASSIFIED ADS





To advertise contact: marketing@rps.org.za 011 849 5215



RPS CLASSIFIED ADS

Bean (Q) Cafe

Vegetarian Family Dinners from R52

Dinner made easy! We serve healthy, well balanced nutritious meals, cooked freshly everyday with the finest ingredients for you.

Find us inside Planet Fitness

(per person, payment in advance – I no transfer to following month)

Half price for kiddies meals

Evtra Veg / Starch @ R15 finest ingredients for your convenience. We also cater for individual diet plans and meal prep.

- orders to be placed the day before DELIVERY

 Delivery Benoni suburbs R30 per delivery ERY

 Extra Veg / Starch @ R15
- Delivery Boksburg suburbs R40 per delivery
- Collection from inside Planet Fitness
- Gluten Free (where available) @ R15

 November Monthly option R1 120 (per person, payment in advance – Ts & Cs apply no transfer to following month)

Northmead Square Benoni

Northinea	d Square Benoni			
30 October Monday	31 October Tuesday	1 November Wednesday	2 November Thursday	3 November Friday
R57	R52	R57	R53	R52
Butternut Squash Casserole served with Rainbow Veggie Salad	Mushroom and Spinach Risotto served with Garden Salad	Vegetarian Quesadillas served with Salsa & Sour Cream	Chickpea Burgers served with grated Carrot Salad	Vegetarian Lasagn served with Garden Salad
5 November	7 November	8 November	9 November	10 November
R52 Spinach & Mushroom Quinoa skillet served with Cabbage Salad	R57 Veggie baked Tortillas served with Guacamole	R52 Vegetarian Sheperd's Pie	R57 Mozzarella Pasta Salad with Parmesan Balsamic Salad dressing	R55 Creamy Tuscan Mushroom & Bow Pasta served with Garden Salad
13November	14 November	15 November	16 November	17 November
R55 Potato Curry served with Rainbow Veggie Salad	R55 Vegetarian Biryani served with Onion & Tomato Salsa	R52 Thai Coconut Chickpea Curry Served with Vegetable noodles	R52 Sticky Sesame Cauliflower served with Basmati Rice	R52 Coconut Roasted Vegetable sauce served with Fettuccine and Sals
20 November	21 November	22 November	23 November	24 November
R55 Cranberry, Pecan nut, Sweet Potato & Wild Rice Pilaf	R55 Mushroom Quinoa & Red pepper veggie balls serv <mark>ed</mark> on mash Potato	R52 Stuff Butternut with Spinach, Pecan nuts, Cranberries & Feta	R52 Mexican Sweet Potato Skins served with Guacamole & grated Carrot Salad	R55 Alfredo Brown Rice pasta served with chopped Salad
27 November	28 November	29 November	30 November	
R57 Pan fried Gnocchi with Spinach & Sundried Tomato served with grilled	R57 Curried Broccoli & Chickpea salad with Garlic Butter flat bread	R52 Mushroom & Broccoli Stir Fry with Basmati Rice and Salsa	R52 Spinach & Mushroom mini quiche served with grated Carrot Salad	1



Family Dinners from 1



Gluten Free (where available) @ R15

Dinner made easy! We serve healthy, well balanced nutritious meals, cooked freshly everyday with the finest ingredients for your convenience. Find us inside Planet Fitness Northmead Square Benoni

finest ingredients for your convenience.

Call / WhatsApp 078 463 2352

Loca your order.

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November Inc.

Per person, payment in advance—1s no transfer to following month)

Half price for kiddies meals

Catra Meat / Chicken / Fish @ R2 November Monthly option R1 330

orders to be placed the day before. OF the beginning to be placed the day before. OF the beginning t Extra Veg / Starch @ R15

Delivery Boksburg suburbs R40 per delivery

Collection from inside Planet Fitness

30 October	Square Benoni	1 November	2 November	3 November
Monday	Tuesday	Wednesday	Thursday	Friday
R65 Chicken pieces in Creamy Bacon, Mushroom, Thyme sauce served with Rainbow Veggie Salad	R67 Beef Stew served on Brown Rice with Garden Salad	R60 Roast Pork Tenderloin served with roasted Carrots, Potatoes & Onions	R62 Chicken Korma served with Basmati Rice and Onion and Tomato Salsa	R65 Beef Lasagne served with Garden Salad
6 November	7 November	8 November	9 November	10 November
R62 Chicken Teriyaki served with Basmati Rice & Cabbage Salad	R68 Beef Koftas served with mash Potato and braised Red Cabbage	R62 Lemon Butter Hake served with Tumeric Coconut Rice & grated Carrot Salad	R68 Beef Pot Roast with Carrots, baby Potaoes, Green Beans, baby Corn served with Flat bread	R65 Chicken Cacciatore served with Bow Pasta and Garden Salad
13 November	14 November	15 November	16 November	17 November

creamy bacon,				
Mushroom, Thyme sauce served with Rainbow Veggie Salad	Garden Salad	Carrots, Potatoes & Onions	Onion and Tomato Salsa	
6 November	7 November	8 November	9 November	10 November
R62 Chicken Teriyaki served with Basmati Rice & Cabbage Salad	R68 Beef Koftas served with mash Potato and braised Red Cabbage	R62 Lemon Butter Hake served with Tumeric Coconut Rice & grated Carrot Salad	R68 Beef Pot Roast with Carrots, baby Potaoes, Green Beans, baby Corn served with Flat bread	R65 Chicken Cacciatore served with Bow Pasta and Garden Salad
13 November	14 November	15 November	16 November	17 November
R65 Spinach & Feta Beef patties served with Potato Curry	R62 Chicken Kebabs served with Vegetarian Biryani and Basmati Rice	R65 Cheesy Meatballs Casserole served with vegetable noodles	R62 Chicken a la king served with roast Potato, Broccoli and Carrots	R65 Beef Curry served with Brown Rice and Grilled Corn Salad
20 November	21 November	22 November	23 November	24 November
R65 Chicken pieces in Wine & Mustard sauce served with Cranberry, Pecan, Sweet Potato Wild Rice Pilaf	R65 Beef Flank & Veggie Stir Fry served with Vegetable noodles	R60 Hake in white Wine, Basil & Tomato sauce served on Basmati Rice, Carrots & Green Beans	R68 Garlic Butter Herb Roast Beef & Gravy with Honey roasted Butternut & Sweet Potato & Cranberries	R65 Chicken Alfredo served with Brown Rice Pasta and chopped Salad
27 November	28 November	29 November	30 November	
R65 Ground Beef Curry served on Basmati Rice with grilled Corn Salad	R65 Stuffed Chicken Breast served with Curried Broccoli & Chicknea	R62 Beef and Broccoli Stir Fry with Basmati Rice and Onion & Tomato	R62 Chicken Kebabs with Spinach & Mushroom	1