



Rynfield Primary School



Issue No: 26

Monday, 14 August 2023

Term 3 (18 July – 29 September)

NEWSLETTER

Dear Parents, Learners and Friends

♥♥ It has been heart-warming to see the number of children coming up on stage to receive certificates for mini-netball and Valkie rugby. We have many talented boys and girls at RPS. Getting involved in Sporting or Cultural activities is essential for the holistic development of children. Many important life skills are learnt by being part of a team or by standing on stage and performing in front of an audience. School is not just about Academics. Please encourage your children to get involved in at least one afternoon activity, in order to derive the full benefit of being at RPS.

DISTRICT CHALLENGES

On behalf of the School, I would like to wish the following Grade 3's every success for representing RPS at the District Challenges.

Maths – Letse Ramourula

English – Cayden Hinstridge and Layla Poltera

Afrikaans – Jiya Paulson and Ava Gordon

Life Skills – Prishalen Pillay



CROSS COUNTRY - GREATER BENONI




Best wishes and every success to our Cross Country Athletes who are participating in Greater Benoni today. Run like champions, boys and girls – we are proud of you!

<u>CHESS</u>	
Good luck to the U/9 and U/11 chess players who are participating in the Provincial Tournament on Friday in Randburg. We are so proud of you.	
<div> <div> <div>★</div> <div>★</div> </div> <div>SUPERSTARS</div> </div>	
UNDER 9	UNDER 11
Letse Ramorula	Tloti Ramorula
Hadley Munday	Alexi Demosthenous
Prishalen Pillay	William Liebenberg
Peyton Holgreaves	Nathan Sauls
Andoni Moutafis	Teamo Chueu
Tio Chueu	Thomas Holmes
Benjamin Holmes	Liam Jordan

BEST OF EKURHULENI

(Primary School Section)

Thank you to all the parents who have voted thus far in the BOE competition. We sincerely appreciate your support. We have one day left as voting closes at 12:00 noon tomorrow. Please vote for our beautiful School.


RPS needs your Vote!
 Click [here](#) to vote now!

RENOVATIONS AT RPS


We are patiently waiting for the Hall floor to dry, so we can lay the flooring and then the project will be complete. The front office (Phase 1) is nearing completion and should be fully functional by next week.

We will be starting the upgrade of the netball court area soon. The funds raised from the Family Fun Day in Term 1, were earmarked for this project, and we are looking forward to seeing the upgrade come to fruition.

SCHOOL PHOTOGRAPHS - Friday 18 August

A reminder to the children who were absent when photographs were taken, as well as siblings who would like their photographs taken, Prestige will be here on Friday, 18 August. Please remember to wear winter uniform and your blazer.

PYJAMA AND HOT CHOCOLATE DAY


 We will be enjoying a Pyjama and Hot Chocolate Day on Friday, 25 August. A letter detailing everything has been sent home. Please support this Grade 7 Fundraiser.

"A good time to Laugh is anytime you can". Linda Ellerbe

Have a good week.


Mrs L. Cuthbertson
 PRINCIPAL



RPS SPORTS SCHEDULE

14 - 18 AUGUST

Date	Event	Details	Venue
Mon 14 Aug	Cricket Training	U'9, U'10 & U'11 – 13:45-15:00 2nd & 1st Team – 14:00-15:00	RPS Nets RPS School Field
	Cross Country Greater Benoni 12:00-14:30	U'7 – U'13 selected Cross Country Athletes	Pinnacle College
	Chess Training 13:30-14:30	Gr 1 – Gr 7 (No new Gr1 and Gr2 players)	Mrs Gertzen's Class
	Mini Hockey Training	U'7 & U'8 – 13:30 – 14:30 U'9 – 13:40 – 14:40	RPS School Field
	Hockey Training	Boys U'10 – U'13 – 14:00-15:15 Girls U'10 – U'13 – 14:00-15:15	RPS School Field Benoni Northerns
	Mini Cricket Fixture 14:00 – 15:30	Selected Mini Cricket Players vs Farrarmere	Farrarmere Primary
	Marimba Academy	Selected Marimba Academy members 14:00 – 14:30	RPS Music Room
Tues 15 Aug	Cricket Training	U'9, U'10 – 13:45-15:00 2nd & 1st Team – 14:00-15:00	RPS Nets
	Cricket Fixture 14:00-17:00	U'11 vs Laerskool Northmead	Benoni Northerns
	Cross Country Training	U'7 – U'9 – 13:30 – 14:15 U'10 – U'13-14:00 – 15:00 Only Athletes going to D17	RPS School Field
	Mini Hockey Training	U'7 & U'8 – 13:30 – 14:30 U'9 – 13:40 – 14:40	RPS School Field
	Mini Cricket Training 13:30-14:30	U'7 & U'8	RPS School Field
	Softball Training 14:00-15:00	U'10 – U'13 Girls	RPS School Field
	Hockey Training	Girls U'10 – U'13 – 14:00-15:15	Benoni Northerns
	Hockey Fixture	2 nd Team Boys vs Noodelig	RPS School Field
	Marimba	Marimba Class 14:00 – 14:30	RPS Music Room
Wed 16 Aug	Cricket Training	U'10 & U'11 – 13:45-15:00 2nd & 1st Team – 14:00-15:00	RPS School Field RPS Nets
	Cricket Fixture	Selected U'9 vs Laerskool Brentwood Park	RPS School Field
	Cross Country Training	U'7 – U'9 – 13:30 – 14:15 U'10 – U'13-14:00 – 15:00 Only Athletes going to D17	RPS School Field
	Hockey Training	Girls U'10 – U'13 – 14:00-15:15	Benoni Northerns
	Hockey Fixture	Boys U'11A&B Teams & 1 st Team vs Kruinsig	Benoni High Astro
	Softball Fixture 14:25-15:30	U'11 vs Summerfields U'13A vs Arbor U'13 B vs Norkem A	Benoni Northerns F3 Benoni Northerns F10 Benoni Northerns F11
	Marimba	Marimba Class 14:00 – 14:30	RPS Music Room
Thurs 17 Aug	Cricket Training	U'9, U'10 & U'11– 13:45-15:00	RPS School Nets
	Cricket Fixture 14:00 – 17:00	1 st Team vs Farrarmere Primary 2 nd Team vs Farrarmere Primary	Farrarmere Primary Benoni Northerns
	Cross Country Training	U'7 – U'9 – 13:30 – 14:15 U'10 – U'13-14:00 – 15:00 Only Athletes going to D17	RPS School Field
	Hockey Training	U'10 – U'13 Boys – 14:00-15:15	RPS School Field
	Softball Training 14:00-15:00	U'10 – U'13 Girls	Benoni Northerns
	Mini Cricket Training 13:30-14:30	U'7 & U'8	RPS School Field
	Hockey Fixture 14:00-17:00	U'10 – U'13 Selected Girls vs Farrarmere Primary	Benoni High Astro
	Junior Choir	All junior choir members 13:30 – 14:00	RPS School Hall
Fri 18 Aug	Provincial Chess Finals 07:00	U'9 & U'11 Chess Teams	Walter Sisulu Hall, Randburg
Sat 19 Aug			



Rynfield Primary School

RPS NOTICES



-RPS- ANNUAL GOLF DAY

4 October 2023

Benoni County Club

Tee Off Time: From 10:30

Cost: R2400.00/Fourball

Format: Fourball Alliance

• Includes Greenfees, Halfway and Gift • 2 Scores to Count • Scramble Drive

PRIZE FOR BEST DRESSED

Theme: Brightly coloured golf shirts



SPONSORS: R2200.00 to

sponsor a hole AND get a 4ball

sport@rps.org.za

Proudly hosted by Rynfield Primary School

011 849 5215

The School with Heart

To advertise: marketing@rps.org.za

011 849 5215



ANNUAL

DONKEY DERBY

FUNDRAISING EVENT

Date: Friday, 1 September 2023

Time: 18:00 for 18:30 till late

Venue: Rynfield Primary School Hall

Theme: Spring Fever

Tickets are R150.00 per person, with tables of 8 to 12 people



JOIN US FOR
AN EVENING OF FUN

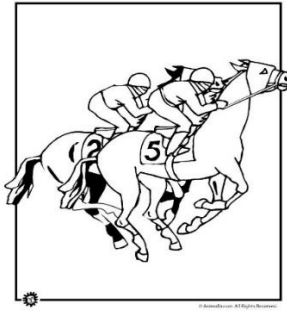


Contact Nicola van der Heever to
BOOK your spot NOW!

011 849 5215

|

fundraising@rps.org.za



DONKEY DERBY

Friday 9th June 2023
18:00 for 18:30 till late
Rynfield Primary School Hall
Summer Fever



Dear Parents

It is time for our parents to go to the races. Please join us for Rynfield's fundraiser, for parents only.

A Donkey Derby is like a miniature Durban July instead of real horses, wooden donkeys are used.

Tickets are R150.00 per person, with tables of 8 to 12 people. We encourage you to host a table and invite your friends. Once a table has been booked, further information will be sent out to the hosts. It was great fun last year don't miss out.

Prizes will be awarded for best decorated table and best dressed, according to the theme. Please remember to bring along cash on the evening for lucky draws and for betting on the donkeys.

SPONSORSHIPS

There will only be 6 races this year, so if any companies or individuals would like to sponsor a race at R1500.00 each you will be able to name the race and all 6 horses. Your name and or logo will be added to the program. You do not need to attend the evening to sponsor a race. If anyone would like to donate any items for the lucky draw it will be greatly appreciated.

All bookings can be done through Nicola van der Heever in the office or via email fundraising@rps.org.za



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RPS CLASSIFIED ADS

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Bean @ Cafe

Family Dinners from **R58**

Dinner made easy! We serve healthy, well balanced nutritious meals, cooked freshly everyday with the finest ingredients for your convenience. Find us inside Planet Fitness Northmead Square Benoni

- Call / WhatsApp **078 463 2352** to place your order
- Orders to be placed the day before
- Delivery Benoni suburbs **R30** per delivery
- Delivery Boksburg suburbs **R40** per delivery
- Collection from inside **Planet Fitness Northmead Square Benoni**
- **August Monthly option R1 280** (per person, payment in advance – Ts & Cs apply no transfer to following month)
- **Half price for kiddies meals**
- Extra Meat / Chicken / Fish @ R22
- Extra Veg / Starch @ R15
- Gluten Free (where available) @ R15



31 July Monday	1 August Tuesday	2 August Wednesday	3 August Thursday	4 August Friday
R65 Zucchini Beef Lasagne served with Carrot & Cabbage Salad	R60 Chicken pieces in Wine & Mustard sauce served with Asian Slaw (contains nuts)	R62 Meat Loaf with roast meat gravy served with baby Potatoes & Green Beans in Tomato Pesto	R58 Chicken kebabs served with Thai Coconut Chickpea Curry	R60 Baked Spaghetti with ground Beef served with Salsa
7 August R60 Creamy Mushroom Chicken served with baked Cheesy Broccoli & Potato bites & Garden Salad	8 August R62 Cheesy meatball Casserole served with Vegetable Noodles	PUBLIC HOLIDAY		
14 August R58 Hake in White Wine, Basil & Tomato sauce served with Basmati Rice, Garden Peas & Corn	15 August R65 Beef Pot Roast with Carrots, Baby Potatoes, Green Beans & Baby Corn served with Garden Salad	16 August R60 Chicken Rollups served with Curried Broccoli and Chickpea Salad	17 August R62 Ground Beef Curry served with Basmati Rice and Salsa	18 August R58 Chicken Fettuccine pasta in Roasted Veg sauce served with Coleslaw
21 August R65 Hearty Beef Stew with Carrots, Zucchini, Pattie Pans & Sweet Corn served on Brown Rice and Garden Salad	22 August R65 Chicken thighs in Creamy Bacon, Mushroom Thyme sauce served with Honey roasted Butternut Squash & Sweet Potato (nuts)	23 August R62 Beef Flank & Veggie Stir Fry served with Vegetable Noodles	24 August R58 Crumbed Hake with Zucchini Tomato Casserole	25 August R60 Beef Lasagne served with Salsa
28 August R58 Chicken & Veg Stir Fry with Basmati Rice and chopped Salad	29 August R65 Roast Beef & gravy served with roast Potatoes, green Beans & Buffalo Cauliflower wings	30 August R58 Chicken Fillet in Sundried Tomato Sauce on Basmati Rice served with Cabbage, Corn & Cucumber Salad	31 August R60 Beef Cottage Pie served with Coleslaw	

Bean @ Cafe

Vegetarian Family Dinners from **R49**

Dinner made easy! We serve healthy, well balanced nutritious meals, cooked freshly everyday with the finest ingredients for your convenience. We also cater for individual diet plans and meal prep.

Find us inside Planet Fitness Northmead Square Benoni

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- **August Monthly option R1 030** (per person, payment in advance – Ts & Cs apply no transfer to following month)
- **Half price for kiddies meals**
- Extra Veg / Starch @ R15
- Gluten Free (where available) @ R15



31 July Monday	1 August Tuesday	2 August Wednesday	3 August Thursday	4 August Friday
R50 Zucchini Lasagne served with Carrot and Pineapple salad	R52 Asian Slaw with Sesame Ginger dressing (contains nuts)	R55 Veggie baked Tortillas served with Guacamole	R52 Thai Coconut Chickpea Curry served with Flat bread	R49 Veggie Spaghetti with Zucchini, Butternut & Spinach
7 August R49 Baked Cheesy Potato & Broccoli bites with Garden Salad	8 August R52 Vegetable Stir Fry: Mushrooms, Carrot, Zucchini, Sugar Snap Peas & Baby Corn	PUBLIC HOLIDAY		
14 August R49 Spanish Rice and Beans served with Salsa	15 August R50 Cauliflower Cheddar fritters served with steamed green Beans & Carrots	16 August R60 Crumbed vegan nuggets served with curried Broccoli and Chickpea salad	17 August R52 Butternut Squash Coconut Curry served on Basmati rice with Salsa	18 August R49 Fettuccine pasta in roasted vegetable sauce served with Coleslaw
21 August R52 Cajun Bean and Potato stew served with brown Rice and Garden Salad	22 August R49 Honey roasted Butternut squash & Sweet Potato with Pecan nuts & Cranberries	23 August R57 Mediterranean Tomato & Haloumi bake with Vegetable noodles	24 August R49 Zucchini Tomato Casserole served with Flat bread	25 August R49 Vegetarian Lasagne served with Salsa
28 August R49 Veggie Cakes served with chopped Salad	29 August R52 Buffalo Cauliflower wings with Potato Curry	30 August R52 Parmesan Orzo & Peas with Cabbage, Corn and Cucumber salad	31 August R52 Mexican Sweet Potato skins served with Salsa and Guacamole	



Rynfield Primary School

RPS CLASSIFIED ADS

OT INSPIRE

WHY OCCUPATIONAL THERAPY

OT aims to promote and facilitate children's participation in everyday activities. Helping them not only with mastering new skills but also developing a positive self-esteem and essentially becoming contributing members of society.

It is our passion to help every child reach their full potential in a caring and supportive environment.

WHO CAN BENEFIT

- Developmental delays
- Stimulation of expected developmental milestones
- Gross motor development
- Fine motor development
- Visual perceptual skills
- Concentration & Attention (ADHD)
- School readiness assessment
- Learning difficulties
- Older children - study skills



OT INSPIRE

Elaine Briel

Arbeiderterapie • Occupational Therapy

CONTACT US:

0848403340

info@otinspire.co.za

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WE CLAIM DIRECTLY FROM THE MEDICAL AID

Dear parent!

Does your child need help with their studies?

Do they feel overwhelmed and incapable of doing well with tests and exams? Are they dependent on your assistance to get through exams or assignments? Our unique Academic program can completely transform their approach to academics - giving them the confidence they need to learn independently & excel!

Our 8 week program can help your child with the following:

- Preparing for exams/tests and organizing their study material
- Time management techniques
- Memory & concentration techniques
- Understanding their learning style, preferences & potential barriers (making learning independently easier)
- Creating the optimal learning environment to thrive
- Creating summaries for effective study sessions
- Understanding different learning methods & when to use them

For more info on our academic coaching program or to book for our next term starting in September -

Whatsapp us at 068 044 8735 (Candice) / email us at
info@lead2learn.co.za
www.lead2learn.co.za

We aspire to foster student growth, nurturing them into productive, effective, and independent learners. Our program is designed to empower your child to excel in all subjects and across all grades.

