



Rynfield Primary School



EXTRAMURAL ACTIVITIES

The School with Heart 



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MISSION & VISION

- To maximise 'sports' opportunities at Rynfield Primary School in order to grow and enhance sporting skills and abilities across all RPS sporting activities. Furthermore, to establish a quality sports development and training programme for all ages that facilitates learners to attain their full potential, build character and enhance their self-esteem.
- To continually strive for excellence both on and off the field by creating a sporting environment for the growth and potential development of all learners.

SPORTS PHILOSOPHY

- To utilize sports, physical education and activities as a means to promote the social, mental and physical well-being of our learners.
- To encourage learners at all levels to participate in sporting activities with the intention of developing our learners holistically.
- To develop basic sporting skills, knowledge and sportsmanship in the Foundation Phase, moving towards enhancing skills and ability in later grades.
- Applying the 'FUN' principle: F = Fun , U = Understanding, N = Nurturing. Engagement and learning come from an enjoyable, worthwhile experience. To keep our learners involved by having 'fun' as well as developing technique, potential and talent.
- To use sport as a 'tool' in the development of learners' teamwork, team morale, discipline, perseverance, character and leadership skills.

Rynfield Primary School offers a wide range of extramural activities for boys and girls from Grades 1 – 7. the following extramural activates are offered at Rynfield Primary:

- Swimming
- Athletics
- Cricket and mini-cricket
- Cross-Country (all ages)



- Hockey and mini-hockey
- Marimba band
- Young Explorers' Club
- Softball (Girls)
- T-Ball (Grades 1 – 3)
- Art Club
- RotaKidz
- Choir
- Chess (Beginner and Advanced)
- Eisteddfod
- Netball and mini-netball
- Mini-soccer (Grades 1 and 2)
- Valkie rugby (Grades 1 and 2)
- Rugby (Grades 3 – 7)
- Equestrian

HOUSE COLOURS

<i>House Name</i>	<i>House Colours</i>	<i>House Mascot</i>
<u>RHODES</u>	Red	Sharks
<u>LIVINGSTONE</u>	Blue	Cheetahs
<u>STANLEY</u>	Yellow	Eagles

SPORTS UNIFORM

All learners are required to participate in Physical Education. Non-participation will require a valid doctor's note. Physical Education affords learners the opportunity to learn and improve a variety of skills. It also forms part of the school curriculum and marks are awarded to each learner for participation and skill.



The Physical Education uniform consists of:

- Red collared shirt with school badge;
- Grey shorts;
- School tracksuit;
- White long-sleeved fleece-lined School top (Winter only);
- White short socks – no secret socks;
- Takkies or sports shoes (white only. No Tomy-Takkies).

No other garment may be worn as part of the uniform, i.e. the schools jersey may not be worn over Phys. Ed. Shirt.

Mini-soccer	Mini-netball	T-Ball	Mini-cricket	Mini-hockey
Grades 1 – 3				

- Physical Education uniform.

Hockey	Netball
Grades 4 - 7	

- Red netball skort with white sides, grey piping.
- Red vest with white sides, grey piping.
- Red and white socks (for hockey).
- White socks (for netball).

Rugby	Valkie Rugby
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- Rynfield Primary rugby shirts (from Ekspa).
- Black rugby shorts.
- No shoes.





Athletics	Cross-Country
Boys and Girls	
<ul style="list-style-type: none">• Red vest with white sides, grey piping.• Red shorts with white sides, grey piping.• Red tights with white RPS on right leg.	

Cricket
Grades 3 – 7
<ul style="list-style-type: none">• White golf shirts, with red panel down the side and school badge.• White long cricket pants.• Red Rynfield Primary cap.

Softball
Girls
<ul style="list-style-type: none">• Physical Education uniform.• Red and white long socks.• Red Rynfield Primary cap.• White takkies.

The majority of the outfits are available for purchase from Rynfield Drapers and Outfitters (Pretoria road) and from School of Leisure (Value Mall, Boksburg).

Where the school provides the sporting uniform, a non-refundable deposit will be required.

“You miss 100% of the shots you don’t take.”

- Wayne Gretzky